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PRESS RELEASE

FOR IMMEDIATE RELEASE

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BELLEVUE WOMAN'S "JOURNEY OUT OF FEAR" DOCUMENTARY TO AIR

"Rwanda: Journey Out of Fear" documents the story of Tracy Stone, a Bellevue mother of two, whose world is turned upside down by an unexpected divorce. In the midst of her own personal turmoil, Tracy becomes inspired by the incredible survival stories of widows coming out in the aftermath of Rwanda's genocide. Overwhelmed by her own personal pain and suffering tremendously from night terrors, Tracy determines that she needs to go to Rwanda and meet these inspirational women for herself to see if she can learn their secrets of survival. Taking a team along with her from Bellevue, Tracy journeys to Rwanda and discovers not only healing for her own pain, but a determination to come alongside the Rwandan people in the midst of their pain as well. After returning, Tracy quits her job and launches a nonprofit called Rwanda Partners, a group committed to partnering with Rwandans in order to bring about healing and restoration in this once-devastated nation.

"Rwanda: Journey Out of Fear" was written and directed by local filmmaker Mark Stendal, a Peabody and Emmy award winner. Stendal says "It's really the inspirational story of what one person can do when they seek to move beyond their own pain. Tracy's story demonstrates the simple, yet profound, message that each of us has the power to make a difference in the world."

The half-hour documentary is narrated by Will Lyman, the award winning voice of the long-running PBS series "Frontline."

"Rwanda: Journey Out of Fear" will air on Sunday, March 11th at 1:30 pm. on Seattle's KMYQ Television (MyQ2).